



DR. LARRY LILLY OHIO HEALTH CANCER SURVIVORSHIP PROGRAM

OFFICERS

2022-2023

President

Milt Lustnauer

Vice President

Andy Livingston

Secretary

Angela Lancot

Treasurer

John Adams

Past President

Joe Valentino

BOARD OF DIRECTORS

2021-2023

Anne Croskey

Jeanine Hummer

John Krauss

Eric Stoll

Jerry Woessner

2022-2024

Ua Chamberlain

Jack Cotter

Sandra Cotter

Chris Guglielmi

Brent Jackson

President Rotary International

Jennifer Jones

District Governor, District 6690

Price Finley

Assistant District Governor

Brian Lane

ROTARYVIEW

Chairman

Jerry Woessner

Editor

John Krauss

Writing & Design

Herb Gillen Advertising

Photography

Tanya Westerviller

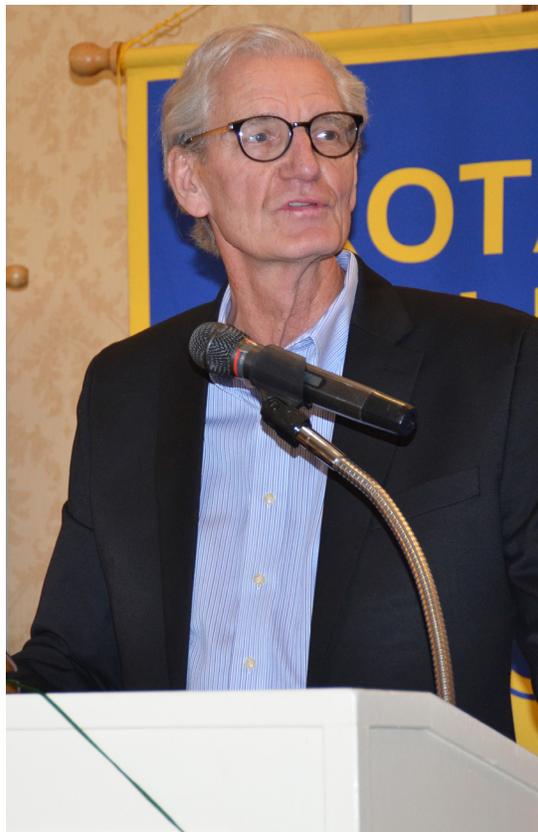
ON THE WEB

www.uarotary.org

www.district6690.org

www.rotary.org

For make up locations, check the club web site or call the make-up hotline at (614) 470-1002.



Angela Lancot introduced her father, **Dr. Larry Lilly**. Larry has been a physician in Columbus and has worked to develop a program with Ohio Health, "What Comes Next? Life After Cancer."

Dr. Lilly was born in West Virginia and was the son of an auto mechanic. His father advised him to do anything in this world, but don't be an auto mechanic. He worked a paper delivery boy, door to door sales as a Fuller Brush salesman. His work experience also included a job working for President Milt's father at BBF restaurant.

He enrolled at West Virginia State University that had been reverse integrated. He transferred to West Virginia University and graduated with an Electrical Engineering degree and started working with Bell Labs in Columbus. He finished his

Master's Degree, but felt a calling to enter the field of Medicine. With a young family, he found a way to work and pursue a medical degree. He explained that people were always willing to help him and he was very fortunate to have members of his church there for him when he needed it.

Dr Lilly began a private practice treating forms of cancer. He explained that it was so difficult to stay current with all treatments that he was forced to specialize in 2005 to just Breast Cancer. When he started into practice, there were 1.6 million survivors in the US. Today, that number exceeds 15 million. Breast and Prostrate Cancer are most common, but also most treatable. The Survivorship Clinic focuses on healthy habits after medical procedures. Weight gain, exercise, diet and risk assessment are evaluated and developed into an individual program with a focus on quality of life.

Additionally, Ohio Health has a High-Risk Clinic that focuses on genetics and family history to develop a survivorship plan. Again, focusing on healthy eating, weight control, and healthy lifestyle. Dr Lilly explained that we can empower people, but not control outcome. Some are angry forever and some live life to the fullest as a result of their treatment.

Q&A:

The High-Risk Clinic is available at Dublin and Grant locations. Appointments are available at both locations.

[CLICK HERE](#) to view this meeting and all previously recorded Rotary meetings



GREETERS

April 11

Jay Babbitt
Barri Jones

April 18

Brian Bainbridge
Mike Turnbull

April 25

Kelly Marlow
Connie Aschinger

REGISTRATION DESK

April 11

Kevin Brown
Brian Hall

April 18

Ted Foster
Brendan King

April 25

Andy Livingston
Tom Westfall

CALENDAR

April 11- Scioto CC/Zoom

Maddy Beck, Angel Flight East
Host: Angela Lanctot

April 18- Scioto CC/Zoom

**Michael Wilkos, Sr VP of
Community Impact of
United Way**
Host: Mary Ann Krauss

April 25- Scioto CC/Zoom

**Judge Stephanie Mingo,
The Environmental Court and
cleaning up the abandoned
housing in Franklin County**
Host: Brian Bainbridge

VOLUNTEER OPPORTUNITIES

Submit your volunteer opportunity to herb@herbgillen.com for inclusion in the Rotaryview Newsletter.

SOCIAL EVENTS

Please submit your social event reminder to herb@herbgillen.com for inclusion in the Rotaryview Newsletter.

OUR NEXT MEETING

APRIL 11TH
Scioto Country Club/Zoom

Upper Arlington
Rotary
Club



THE MEETING



The April 4, 2023 Upper Arlington Rotary Meeting was held in person at Scioto Country Club with online access to members available via Zoom. President **Milt Lustnauer** rang the bell to begin the meeting with Invocation and Pledge led by **Ralph Griffith**.

There were no guests.

Visiting Rotarians: **Brian Lane**, Assistant District Governor and member of Olentangy Rotary Club.

NOTES AND ANNOUNCEMENTS:



Angela Lanctot reminded the Fundraiser Committee that they will be meeting after our lunch meeting.

Peggy Concilla needs six Rotary Volunteers for the Habitat for Humanity Playground Project. She also reminded members that invoices were sent yesterday and please respond promptly with your payment.

President Lustnauer presented **Peggy Concilla** with a Paul Harris Fellow, +4.

District Governor **Price Finley** reminded members of a standing invitation to attend the District Assembly and District Conference on April 28 and 29th. UA Rotary members will not be charged an additional fee to attend, but reservations are required. We currently have 28 registered. If you reserve a place, please make every effort to attend as we incur fees for each attendee. This will be a great event and please make plans to attend.



Sandra Cotter reminded that the next Rotary Roundtable, on April 11 at 11 a.m. at Scioto Country Club, will feature **Matt Rule** of National Church Residences with a discussion, "How to Plan Your Life."

JD Dickerson announced the passing of former UA Rotary Member, **Paul Brown**.



Jessica Grisez reminded that The Upper Arlington Community Foundation will be hosting the Heart of UA event on May 21st. They will be honoring two generations of the Ness Family -**Bob & Lynn Ness**, and **John & Emily Ness**. It is being held at Scioto Country Club.

President **Milt Lustnauer** also presented Ned Clark with a Paul Harris Fellow, +5.



Connie Aschinger gave an update on a UAR \$5000 gift. The Her Song home is now open with three women living there, after being victims of sex trafficking. The location is classified as Safe Spot. This project is part of the Tim Tebow Foundation and there are several houses across the country.

Milt announced a Pickle Ball Social Event on April 22 from 12PM to 2PM at Pickle & Chill 880 W Henderson. It is open to all members -experienced to beginners.

Our Club Fundraiser scheduled for May 23. Please be thinking about auction items for this event.

GREETERS

April 11

Jay Babbitt
Barri Jones

April 18

Brian Bainbridge
Mike Turnbull

April 25

Kelly Marlow
Connie Aschinger

REGISTRATION DESK

April 11

Kevin Brown
Brian Hall

April 18

Ted Foster
Brendan King

April 25

Andy Livingston
Tom Westfall

CALENDAR

April 11- Scioto CC/Zoom

Maddy Beck, Angel Flight East
Host: Angela Lanctot

April 18- Scioto CC/Zoom

**Michael Wilkos, Sr VP of
Community Impact of
United Way**
Host: Mary Ann Krauss

April 25- Scioto CC/Zoom

**Judge Stephanie Mingo,
The Environmental Court and
cleaning up the abandoned
housing in Franklin County**
Host: Brian Bainbridge

VOLUNTEER OPPORTUNITIES

Submit your volunteer opportunity to herb@herbgillen.com for inclusion in the Rotaryview Newsletter.

SOCIAL EVENTS

Please submit your social event reminder to herb@herbgillen.com for inclusion in the Rotaryview Newsletter.

OUR NEXT MEETING

APRIL 11TH
Scioto Country Club/Zoom

Upper Arlington
Rotary
Club



SORTING OUT WHERE TO CONTRIBUTE

Where do your contributions go? There are three main organizations where we as Upper Arlington Rotarians direct our Rotary giving. Sometimes it can be confusing, so here is something to hopefully help keep things straight.

ORGANIZATION	DONATION DESIGNATIONS	ADDRESS	MEMBER CONTACT	EMAIL
Upper Arlington Rotary Club	Club dues	P.O. Box 12013 Columbus, OH 43212	Peggy Concilla	plc@columbus.rr.com
Upper Arlington Rotary Foundation	Annual \$250 and some other club funding requests	1704 Sundridge Dr. Columbus, OH 43221	Andy Livingston	andy.w.livingston@gmail.com
Rotary International Foundation	\$125 Club, Paul Harris and Polio Plus	244 Daniel Burnham Sq. Columbus, OH 43215	Debbie Johnson	debbiejohnson33@gmail.com