



JASON ABADY

ALZHEIMER'S ASSOCIATION CENTRAL OHIO CHAPTER

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ON THE WEB

- www.uarotary.org
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For make up locations, check the club web site or call the make-up hotline at (614) 470-1002.



Brad DeHays introduced the speaker **Jason Abady**, a staff member at the Alzheimer's Association Central Ohio Chapter.

Jason's official title is Community Engagement and Development Support Manager, long way of saying that he coordinates volunteers in community events. Jason came to the Alzheimer's Association after being a middle school and high school band director in Springfield, Ohio. His grandpa, Wayne, has Alzheimer's Disease, and his great grandpa, Fiore, died from the disease in 2003.

Quick Facts:

- In the United States someone develops Alzheimer's every 65 seconds
- More than 5 million Americans are living with the disease
- In 2018, Alzheimer's disease will cost the United States \$277 billion

Alzheimer's disease is a progressive form of dementia. Dementia is a broader term for conditions caused by brain injuries or diseases that negatively affect memory, thinking, and behavior. These changes interfere with daily living.

According to the Alzheimer's Association, Alzheimer's disease accounts for 60 to 80 percent of dementia cases. Most people with the disease get a diagnosis after age 65. If it's diagnosed before then, it's generally referred to as early onset Alzheimer's disease. There is no cure for Alzheimer's, but there are treatments that can slow the progression of the disease.

Experts haven't determined a single cause of Alzheimer's disease but they have identified certain risk factors, including:

- **Age.** Most people who develop Alzheimer's disease are 65 years of age or older.
- **Family history.** If you have an immediate family member who has developed the condition, you're more likely to get it.
- **Genetics.** Certain genes have been linked to Alzheimer's disease.

Know the 10 Signs of Alzheimer's:

- Memory loss affecting daily activities, such as an ability to keep appointments
- Trouble with familiar tasks, such as using a microwave
- Difficulties with problem-solving
- Trouble with speech or writing
- Becoming disoriented about times or places
- Decreased judgment
- Decreased personal hygiene
- Mood and personality changes
- Withdrawal from friends, family, and community

GREETERS

February 12

Steve Frame
Jim Nicklaus

February 19

Bill Hosket
Matt Kirby

February 26

Brendan King
Joe Valentino

REGISTRATION DESK

February 12

John Hansel
John Cleland

February 19

Keith Schneider
Debbie Johnson

February 26

Ted Foster
Brendan King

CALENDAR

February 12 | Scioto CC

AARP, "Social Security Scams"
Host: Lustnauer

February 19 | Scioto CC

David Brown, Harmony Project
Host: Germain

February 26 | Confluence Park

11:30 am Special Start Time
and Location
Program TBA

VOLUNTEER OPPORTUNITIES

Submit your volunteer opportunity to herb@herbgillen.com for inclusion in the Rotaryview Newsletter.

SOCIAL EVENTS

Please submit your social event reminder to herb@herbgillen.com for inclusion in the Rotaryview Newsletter.

OUR NEXT MEETING

February 12th
Scioto CC

Upper Arlington
Rotary
Club



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ALZHEIMER'S ASSOCIATION CENTRAL OHIO CHAPTER

The Alzheimer's Association Central Ohio Chapter serves 14 Ohio counties and provides support, education, training and other resources to persons with Alzheimer's and other dementias, caregivers, families and healthcare professionals. Jason encourages anyone impacted by Alzheimer's to take advantage of the free resources offered.

Looking to get involved? The Alzheimer's Association Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. The Central Ohio Chapter event is scheduled for Sunday, September 22, 2019 at Huntington Park. Contact Jason if interested in registering, volunteering or donating.

The Meeting



Price Finley gave the invocation and led the pledge of allegiance

Visiting Rotarians: **Bill Bishop**, Westerville Sunrise,
Steve Heiser, District Governor Nominee, Columbus

Notes and Announcements



Anne Croskey announced location and time changes for the following meetings:

February 26 – Confluence Park at 11:30

March 5 – Confluence Park at 12:00

Tom Westfall announced that the February 12th Roundtable will feature his son, Evan. Evan will provide the club with a unique perspective and stories from life on the road as a member of the band Caamp.



Officer **Dave Dewey**, with the assistance of **Steve Heiser** and Price Finley, introduced District 6690's Matching Points Campaign for the Rotary Foundation. In short, from now until February 28, contributions (\$100-\$1,000) to the Rotary Foundation Annual Fund and/or Polio Plus Fund will be matched with "points" that can be used to achieve your own **Paul Harris** designation or to award Paul Harris designation to a relative, a community member or another Rotarian.



MEALS ON WHEELS VOLUNTEERS

Upper Arlington Rotary provides volunteers once a month for a Meals on Wheels route in Northwest Columbus and we are in need of volunteers for upcoming dates. We volunteer on the second Saturday of each month and volunteers leave at 10:30 am with the meals and typically can be back by 12:30 pm. If you are interested in learning more or volunteering, contact Barri Jones at barri@asquaredfinancial.com