



## SARAH NERAD

### CREATING CENTRAL OHIO'S FIRST RECOVERY HIGH SCHOOL

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For make up locations, check the club web site or call the make-up hotline at (614) 470-1002.



**Debbie Johnson** introduced **Sarah Nerad**, a founding board member for the Heartland High School which is currently being organized. Sarah has her Master's Degree from Ohio State and is an addiction treatment and recovery advocate here in central Ohio.

Sarah shared with us that she herself is a young person in long term recovery. She shared a slide presentation with us entitled "Creating Central Ohio's First Recovery High School".

Students typically go through three stages when they become immersed in substance abuse. The first stage is the "moment of crisis" – when it becomes evident that there is a developing problem. The second stage is the treatment phase and the third step is returning to school.

One issue about the third stage is the question of whether it is in the best interest of the student to return to the high school from whence they came where they will encounter the same friends and the same environment that may have contributed

to their situation. In many cases, by returning to the same place the student relapses and the cycle begins again.

A key to breaking that cycle is, in Sarah's opinion, enrollment in a recovery high school. The proposed Heartland High School in central Ohio would be just such a place. There are currently 40 recovery high schools in the United States. The nearest one to central Ohio is currently in Indianapolis. Such schools have been around since the 1970's.

A recovery high school provides recovery support in addition to a high school education. Such schools are not residential facilities. These schools must meet several basic criteria including the provision of an educational curriculum, the ability to issue state certified diplomas and the exclusive enrollment of students who are in an active recovery program. They must also be available to any student who meets that treatment requirement.

These schools are needed because there is a 60 to 70% rate of relapse for students who return to their regular school. Sarah shared her experience from her return to her high school. There is a great deal of stress and concern about what is being said and how people look at you. The socialization process is extremely difficult.

She cited the costs associated with dealing with students who are experiencing substance abuse/addiction issues. In the criminal justice system the annual cost to maintain/treat someone is \$80,000. In a recovery high school the annual cost to provide treatment and education is \$20,000. In a normal high school the annual cost is \$10,000.

In central Ohio the effort to organize Heartland High School began in earnest in 2016. Currently, an application for 501(c) (3) status is about to be filed. A possible location in an existing building in Franklinton has been identified and preliminary architectural drawings have been prepared. The goal is to open Heartland High School in fall, 2018.

## GREETERS

### December 5

Joe Valentino  
Connie Aschinger

### December 12

Bill Hosket  
Chris Aschinger

### December 19

Brian Quinn  
Paul Berg

## REGISTRATION DESK

### December 5

Jim Winfree  
Kevin Brown

### December 12

Larry McVey  
Milt Lustnauer

### December 19

Ted Foster  
Brendan King

## CALENDAR

### December 5 (Scioto CC)

**Annalies Corbin**  
*President & CEO, Past Foundation*  
Host: Mike O'Sullivan

### December 12 (Scioto CC)

**NO NOON MEETING**  
**UA Rotary Christmas Party**  
Hosts: McCurdy & Glandon

### December 19 (Scioto CC)

**Bruce Luecke**  
*Homeport*  
Host: John Krauss

## VOLUNTEER OPPORTUNITIES

Submit your volunteer opportunity to [herb@herbgillen.com](mailto:herb@herbgillen.com) for inclusion in the Rotaryview Newsletter.

## SOCIAL EVENTS

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## OUR NEXT MEETING

**December 5th**  
**Scioto Country Club**

Upper Arlington  
**Rotary**  
Club



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There is still a great deal of work to be done. The search is underway for funding sources. A \$109,000 grant has been obtained from ADAMH which will provide for funds to hire a principal who will begin the work of assembling a curriculum and staff. Instruction will be provided through a blend of online and live classroom presentations.

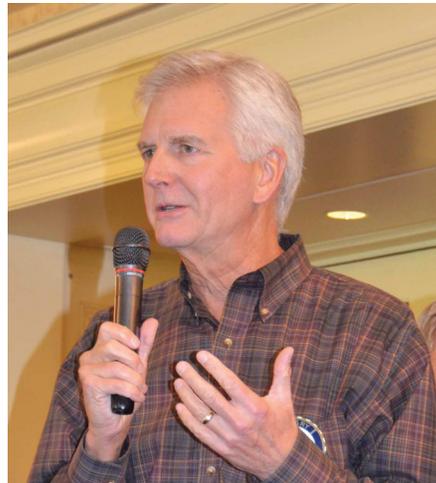
In addition to the funding campaign the school is also seeking in-kind donations of furniture and equipment. A major fundraising event will be held next year. NBC's Hoda Kotbe has been enlisted to help with that fundraiser.

Assistance in spreading the word through networking and social media would also be helpful.

When the school opens it will be a private school with the goal being to build enrollment up to the point where Heartland High will qualify to become a charter school. A minimum of 25 students is required to meet the charter qualification level in Ohio. Initially Sarah estimates that the capacity of the school will be 40 students.

Sarah can be reached at [SarahLNerad@gmail.com](mailto:SarahLNerad@gmail.com). Heartland High's website is [heartlandhigh-school.org](http://heartlandhigh-school.org).

## Notes and Announcements



There is a Rotary Roundtable next week (12/5) featuring **Bill Hosket** sharing his thoughts about the 2017-18 Ohio State basketball season.

All of the time slots for the December 4-9 Salvation Army bell ringing are now filled.

**Phil Glandon** reminded us again about the December 12 Christmas Party at Scioto. Reply sheets were available. Alternatively – reply to the online invitation. In any case – reply!

The winter coat drive continues with pickup points throughout the area. If you are getting together with family or friends over the holidays consider asking them to contribute coats.



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# The Meeting



President **Dave Dewey** called the meeting to order and asked **Debbie Johnson** to offer the invocation and lead us in the Pledge of Allegiance.

**Tom Westfall** asked **Herb Gillen** to introduce his guest **Nick Anstine**.

Next week's meeting will be the annual business meeting and election. We heard the fourth reading of the candidates as follows: **Secretary – Debbie Johnson; Directors – Carl Aschinger, Melissa McCurdy, Jim McKinney, John Adams and Matt Rule.**

Our speaker next week (12/5) will be **Annalies Corbin** with the PAST Foundation.

Next week's meeting will also feature the delivery of Poinsettia plants ordered from the Westerville Sunrise Rotary Club.

Dave updated us on the status of **Sharon Smart** (Mayan Families) who is battling significant health issues. If you wish to follow Sharon's journey visit [caringbridge.org](http://caringbridge.org).

President Dewey announced that contributions to the Christmas Wish program this year are nearing the \$4,000 mark. This level of support triggers the matching funds commitment from the UA Rotary Foundation of \$3,500. He thanked club members for their support.

We were reminded that there will be no lunch meeting at Scioto Country Club on December 12. The annual Christmas Party will be held that evening from 5:30 to 8:00 PM at Scioto.

We heard from **Jim McKinney** in a "getting to know you" session. He thought we'd be surprised to know that he actually likes to have fun. Currently he provides CFO services for small businesses. In the past he has managed Beulah Park and worked as a CPA. His parents are his life's greatest influences and, as far as a bucket list... there is none.



**UA ROTARY CLUB CHRISTMAS PARTY • DECEMBER 12TH • 5:30-8 PM AT SCIOTO CC**

*Hosts: D. McCurdy & P. Glandon*